

Residency Training in Child and Adolescent Psychiatry

Child Behavioral Health and Science Center
Department of Psychiatry
Icahn School of Medicine at Mount Sinai
Mount Sinai Health System

2016-2017



Icahn
School of
Medicine at
**Mount
Sinai**



About the Mount Sinai Health System

The Mount Sinai Health System is structured around seven member hospital campuses and a single medical school. In Manhattan, Child and Adolescent Psychiatry spans four of the hospital campuses: The Mount Sinai Hospital; Mount Sinai St. Luke's; Mount Sinai West (formerly Roosevelt); and Mount Sinai Beth Israel.

The Mount Sinai Behavioral Health System serves as an integrated platform to provide psychiatric services across the Mount Sinai Health System. The Behavioral Health System now comprises 248 inpatient psychiatry beds; 300,000 outpatient visits; 189 residents and fellows, and 197 full-time faculty members across four sites. In 2015, Mount Sinai's Department of Psychiatry ranked 7th in annual funding from the National Institutes of Health.

The Child Behavioral Health and Science Center within the Behavioral Health System has a wide array of outstanding clinical services available to meet the full range of mental health needs for children and adolescents across the Mount Sinai Health System. Between the Mount Sinai, St. Luke's, West, and Beth Israel sites, the Center spans all of Manhattan. Within inpatient, outpatient, day treatment, and crisis/emergency settings, we have treatment modalities and specialty services to address the broad range of needs of our community. We provide comprehensive, high-quality services to support our mission and empower individuals to change their lives.

One of the greatest benefits of the merger for Mount Sinai's mental health services is the wealth of treatment programs for children and adolescents brought on board by Mount Sinai St. Luke's, Mount Sinai West, and Mount Sinai Beth Israel. In addition to existing Centers of Excellence focused on a wide range of childhood disorders at The Mount Sinai Hospital campus, we now have enormous capabilities in the areas of addiction and trauma.



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Child and Adolescent Psychiatry Training

www.mssm.edu/psychiatry/fellowships/child-adolescent



Barbara Coffey, MD, MS
*Director of Education
and Training, Child and
Adolescent Psychiatry*



Robert Jaffe, MD
*Associate Director of
Education and Training,
Child and Adolescent
Psychiatry*



Milana Mor, MD
*Associate Director of
Education and Training,
Triple Board Residency*



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*Residency Program
Coordinator*

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Child Behavioral Health and Science Center

Department of Psychiatry

Icahn School of Medicine at Mount Sinai

Mount Sinai Health System

Greetings from the Director of Residency Education

Welcome to the Mount Sinai Health System! We are delighted that you are interested in embarking on your career in child and adolescent psychiatry at the Child Behavioral Health and Science Center.

The Mount Sinai Child Behavioral Health and Science Center Training and Education Program recruits up to 10 residents in Child and Adolescent Psychiatry and the combined Pediatrics/Psychiatry/Child and Adolescent Psychiatry (Triple Board Program) each year. Our training programs span four Mount Sinai hospital campuses, which include Mount Sinai, St. Luke's, West, and Beth Israel Hospitals. Our programs' design has been carefully crafted for our trainees to provide immersion in a wealth of in-depth experiences, from comprehensive evaluation to state of the art evidence-based treatments across a broad spectrum of child and adolescent psychiatric disorders. Our training programs emphasize the integration, synthesis, and evaluation of clinical data from multiple perspectives, and use of a multimodal, multidisciplinary team approach to treatment. Collaboration with other disciplines, schools, the legal system, and social service agencies is emphasized. A central, unifying theme of our educational approach is a developmental perspective that provides an interpersonal, biopsychosocial underpinning for understanding human behavior.

The Triple Board Program further enhances the educational and training experience through collaboration with pediatricians, and specializes in addressing the mental health needs of medically ill children and adolescents.

A unique feature of our training program is the flexibility to provide protected time for trainees to participate in our Centers of Excellence. Our Centers of Excellence, directed by leaders in the field, provide exposure to both research and specialized clinical approaches within sub-specialty areas. Exposure to the Centers of Excellence begins early in training and continues throughout. Fellows in Child and Adolescent Psychiatry choose clinical areas of focus in their second year to develop specialized expertise (please see the Training Program schedule for more details). This individualized training experience is also an opportunity for trainees to develop their own areas of research, and/or contribute to ongoing research endeavors within our Centers. We pride ourselves on the flexibility of our programs and the commitment of our faculty to nurture our trainees' interests.

We look forward to meeting with you personally to share our enthusiasm, to discuss the program in more detail, and to address your individual questions.

Highlights of our Program

Mission

The mission of the Mount Sinai Child Behavioral Health and Science Center is to promote the health of children, adolescents, and families through excellence in clinical care and to advance science in childhood mental health disorders.

Innovative, State-of-the-Art Psychiatric Education in Mount Sinai Centers of Excellence

Within the following Centers of Excellence, you will have the opportunity to train under personable, accessible faculty with nationally-recognized expertise in the evaluation and management of psychiatric disorders:

- Division of ADHD and Learning Disorders
- Eating and Weight Disorders Program
- Pediatric Mood and Anxiety Disorders Program
- Tics and Tourette's Clinical and Research Program
- Obsessive-Compulsive and Related Disorders Program
- Seaver Autism Center for Research and Treatment
- Center for Child Trauma and Resilience
- Comprehensive Adolescent Rehabilitation and Education Service (CARES)

Obtain clinical experience and expert supervision in:

- cognitive behavioral therapy (CBT)
- psychodynamic psychotherapy
- dialectical-behavioral therapy
- group therapy
- parent training/support
- child skills training
- parent-infant dyadic therapy
- family therapy
- trauma treatment
- medication management

The Child Behavioral Health and Science Center also maintains a close affiliation with the Icahn School of Medicine at Mount Sinai, the Friedman Brain Institute, the Mindich Child Health and Development Institute, and the Departments of Psychiatry and Pediatrics at Mount Sinai, all of which afford many collaborative clinical, educational, and research opportunities.

- Take advantage of opportunities for elective research and additional mentorship.
- Enjoy a flexible call schedule.
- Outpatient training begins in the first year as a two-year continuous experience to allow for maximum continuity-of-care and treatment along developmental lines.
- Abundant opportunity to teach and supervise medical students through our Beatrix Hamburg Medical Student Training Fellowship in Child and Adolescent Psychiatry sponsored by the Klingenstein Third Generation Foundation.

Educational and Training Curriculum

Fellowship: Year I

- 3 months Inpatient Child and Adolescent Psychiatry
- 3 months Comprehensive Adolescent Rehabilitation and Education Service (CARES), an intensive day program for teens with substance abuse and/or severe emotional problems
- 6 months Consultation and Liaison, including Emergency Room
- Continuous outpatient exposure, including pharmacologic management and long-term therapy cases
- Pediatric Neurology
- 1 month rotation through Center of Excellence

Fellowship: Year II

- Expanded outpatient experience, including evaluations and crisis-management
- Up to 40% of protected time to pursue specialized training in any of 10 different areas
- Specialized experiences in assessment and treatment (psychopharmacological and behavioral) within Centers of Excellence
- School-based consultation with on-site supervision by outstanding faculty
- Forensic consultation and evaluation
- Therapeutic Nursery with ongoing observation and dyadic treatment
- Exposure to multi-level systems of care (e.g., foster care, child protective services)

On-Call

- Once per week beeper call until 10 pm during Year I
- No call during Year II
- Flexible scheduling
- Attending phone back-up for enhanced training and supervision

Didactics

- Regular weekly didactics throughout both years that provide residents with opportunities for group presentations and to acquire teaching skills
- Inpatient and outpatient case conferences with expert clinicians
- Continuous case conferences with senior psychodynamic supervisors
- Journal club and grand rounds

Supervision

- Weekly individual psychopharmacology supervision with Mount Sinai faculty
- Individual weekly psychotherapy supervision with senior clinicians on faculty at Mount Sinai and the New York Psychoanalytic Institute
- Supervision opportunities in cognitive behavioral therapy (CBT), including exposure and response prevention (ERP) and habit reversal training (HRT), dialectical behavioral therapy (DBT), family therapy, and parent-management training (PMT)

Clinical and Research Specialty Opportunities

- Division of ADHD and Learning Disorders
- Eating and Weight Disorders Program
- Pediatric Mood and Anxiety Disorders Program
- Tics and Tourette's Clinical and Research Program
- Obsessive-Compulsive and Related Disorders Program
- Seaver Autism Center for Research and Treatment
- Center for Child Trauma and Resilience
- Parent-Infant Center
- Neuroimaging research
- Neurobehavioral genetics research
- Dialectical behavior therapy
- Pediatric/psychiatry interface (e.g., satellite clinic)
- Psychotherapy (e.g., CBT, family, psychodynamic)

Fellowship Rotations

Child and Adolescent Psychiatry Fellowship – First Year Rotations

Inpatient [SL 80%]	Inpatient [SL 80%]	Inpatient [SL 80%]	CARES [SL 80%]	CARES [SL 80%]	CARES [SL 80%]	Autism [MS 20%]	ADHD [MS 20%]	Eating & Weight [MS 20%]	DTOR ¹ [MS 20%]	Mood & Anxiety [MS 20%]	Trauma [BI 20%]
OPC ² [20%]	OPC ² [20%]	OPC ² [20%]	OPC ² [20%]	OPC ² [20%]	OPC ² [20%]	OPC ² [20%]	OPC ² [20%]	OPC ² [20%]	OPC ² [20%]	OPC ² [20%]	OPC ² [20%]
						C/L ³ [50%]	C/L ³ [50%]	C/L ³ [50%]	C/L ³ [50%]	C/L ³ [50%]	C/L ³ [50%]
						SBHC ⁴ [SL 10%]	SBHC ⁴ [SL 10%]	SBHC ⁴ [SL 10%]	Peds Neuro [MS 10%]	Peds Neuro [MS 10%]	Peds Neuro [MS 10%]

DTOR¹: Division of Tics, OCD and Related Disorders

OPC²: Outpatient Clinic

C/L³: Same as OPC site

SBHC⁴: School Based Health Center

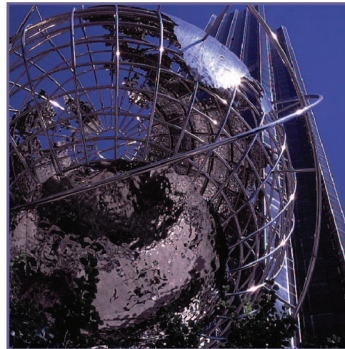
Child and Adolescent Psychiatry Fellowship – Second Year Rotations

Focus 1 [20%]	Focus 1 [20%]	Focus 1 [20%]	Focus 1 [20%]	Focus 1 [20%]	Focus 1 [20%]	Focus 1 [20%]	Focus 1 [20%]	Focus 1 [20%]	Focus 1 [20%]	Focus 1 [20%]	Focus 1 [20%]
Focus 2 [20%]	Focus 2 [20%]	Focus 2 [20%]	Focus 2 [20%]	Focus 2 [20%]	Focus 2 [20%]	Focus 2 [20%]	Focus 2 [20%]	Focus 2 [20%]	Focus 2 [20%]	Focus 2 [20%]	Focus 2 [20%]
OPC [50%]	OPC [50%]	OPC [50%]	OPC [50%]	OPC [50%]	OPC [50%]	OPC [50%]	OPC [50%]	OPC [50%]	OPC [50%]	OPC [50%]	OPC [50%]
PIC [SL 10%]	PIC [SL 10%]	PIC [SL 10%]	PIC [SL 10%]	PIC [SL 10%]	PIC [SL 10%]	Crisis Clinic [SL 10%]	Crisis Clinic [SL 10%]	Crisis Clinic [SL 10%]	Crisis Clinic [SL 10%]	Crisis Clinic [SL 10%]	Crisis Clinic [SL 10%]

- First year fellows will rank The Mount Sinai Hospital [MS], Mount Sinai St. Luke’s-West Hospital [SL], and Mount Sinai Beth Israel Medical Center [BI] according to preference as their OPC home. Two fellows will go to MS, five to SL, and one to BI. Their OPC home will remain the same over two years to ensure continuity of outpatient care and a longitudinal training experience.
 - Second year fellows will rank the various focus options and each fellow will have an intensive experience in two. Research track fellows will have one clinical focus with the remaining 20% time protected for research in that same area. Options include:
 1. ADHD [MS]
 2. Autism Spectrum Disorder [MS]
 3. Eating/Weight Disorders [MS]
 4. Mood/Anxiety Disorders [MS]
 5. DTOR [MS]
 6. Substance Abuse [SL]
 7. Trauma [BI]
 8. Dialectical Behavioral Therapy [SL]
 9. Pediatric/psychiatry interface (e.g., satellite clinic)
 10. Psychotherapy (e.g., CBT, family, psychodynamic) [OPC site]

Social and Recreational Entertainment

- The Mount Sinai campuses offer access to some of the most diverse cultural, educational, historic and gastronomic locales in New York City. The Mount Sinai Hospital campus on Manhattan's Upper East Side boasts not only immediate access to Central Park, but is minutes away from the Guggenheim Museum, The Metropolitan Museum of Art, and a multitude of other fine art establishments known to comprise Museum Mile. One may also enjoy visiting the Central Park Zoo, Shakespeare Garden, The Asia Society and Museum, and the internationally known auction house, Sotheby's. The Mount Sinai St. Luke's and Mount Sinai West campuses, located above Manhattan's Upper West Side in Morningside Heights, are a short ride away from The American Museum of Natural History, the Cathedral of St. John the Divine, The Jewish Theological Seminary of America, the Beacon Theatre, Jazz at Lincoln Center, the American Folk Art Museum and more. Nearby Riverside Park offers sports activities, a public marina, and a skate park, to name just a few fun opportunities. The Beth Israel campus is located in the East Village/Gramercy neighborhoods of downtown Manhattan, home to some of the most incredible and eclectic shops, restaurants and performance venues. St. Mark's Place, Webster Hall, Obscura Antiques & Oddities, and the historic Nuyorican Poets Café make this neighborhood a classic. All of these neighborhoods present a plethora of fine and casual dining experiences. You will never be bored!
- Public transportation is easily accessible and within minutes, one can be at the United Nations, the Statue of Liberty, Ellis Island, Rockefeller Center, the New York Public Library, South Street Seaport, Greenwich Village, SoHo, Lincoln Center, Carnegie Hall, Times Square, and the Broadway Theater District. All of New York is yours to explore! To make this even easier, and less expensive, the Mount Sinai Health System Recreation Office offers special discounts to events, spas, fitness centers, amusement parks and more! The Recreation Office also has special banking, cell phone, home, and child care services.
- You also have access to free consultations and assisted referrals to high quality, low cost personal psychotherapy (encouraged as part of the training experience) with scheduling flexibility to allow for convenient arrangements.



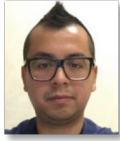
Fellows and Residents 2016-2017

Child and Adolescent Psychiatry Fellows

CAP-2



Jesse
COSTALES



Nicholas
FIGUEROA



Stephen
GAMSS



Erica
LO RE
Chief Resident



Nanda
MUTHUSAWMY



Laura
POWERS
Chief Resident



Jeffery
TAKOS

CAP-1



Salmahn
ALAM



Humera
CHAUDHARY



Stephanie
FRIEDMAN



Amy
GLICK



Navjot (Nancy)
KHINDA



Cecilia
LIPIRA



Lan Chi Le (Krysti)
VO



Thomas
YANG

Triple Board Residents

TB-5



Thomas
RICART
Chief Resident



Joshua
STEIN
Chief Resident

TB-4



Daniela
DAVIS



Hannibal
PERSON

TB-3



Svetlana
AZOVA



Katherine
LEGARE

TB-2



Terri
NICELY



Adare
YANAGIHARA

TB-1



Marta
HOES



Amanda
KIMBERG

Detailed bios for current and former
Child and Adolescent Psychiatry fellows
and Triple Board residents can be found at
www.mountsinai.org/childbehavioralhealth.

Leadership



Eric J. Nestler, MD, PhD

Dean, Academic and Scientific Affairs

Director, Friedman Brain Institute

Interim Chair, Department of Psychiatry

Nash Family Professor, Department of Neuroscience

*Professor, Departments of Psychiatry and Pharmacology and Systems Therapeutics
BA, Yale University*

MD & PhD, Yale University School of Medicine

Residency in Psychiatry and Fellowship in Pharmacology, Yale University School of Medicine

Dr. Nestler came to Mount Sinai in 2008, after spending eight years as the Lou and Ellen McGinley Distinguished Professor and Chair of the Department of Psychiatry at The University of Texas Southwestern Medical Center. Prior to that, from 1987-2000, he served on the Yale faculty, eventually as the Elizabeth Mears and House Jameson Professor of Psychiatry and Neurobiology and Director of the Division of Molecular Psychiatry. Dr. Nestler is a member of the Institute of Medicine (1998) and a Fellow of the American Academy of Arts and Sciences. The goal of his research is to understand the molecular mechanisms of addiction and depression, based on animal models, and to use this information to develop improved treatments.



Joseph D. Buxbaum, PhD

Vice Chair for Research, Department of Psychiatry

Director, Seaver Autism Center for Research and Treatment

Professor, Departments of Psychiatry, Neuroscience, and Genetics and Genomic Sciences

G. Harold and Leila Y. Mathers Professor of Geriatrics and Adult Development

BSc, Touro College

MSc & PhD, Weizmann Institute of Science

Postdoctoral Fellowship, Rockefeller University

Dr. Buxbaum joined Mount Sinai in 1997 as Head of the Laboratory of Molecular Neuropsychiatry, a position he still holds. He became Director of the Seaver Autism Center in 2008, and in 2010 became the Vice Chair for Research in the Department of Psychiatry. Dr. Buxbaum's research focuses on identifying and characterizing genes that contribute to autism susceptibility. His laboratory has identified common and rare genetic variants that underlie autism spectrum disorder and has developed model systems in which novel therapeutics can be tested. In addition, Dr. Buxbaum has taken a lead in several international consortia, most recently the Autism Sequencing Consortium aimed at sequencing 20,000 exomes. He is the co-editor-in-chief of the journal *Molecular Autism* and co-editor of *The Neuroscience of Autism Spectrum Disorders*.



Dennis S. Charney, MD

Anne and Joel Ehrenkranz Dean, Icahn School of Medicine at Mount Sinai

President for Academic Affairs, Mount Sinai Health System

Professor, Departments of Psychiatry, Pharmacology and Systems Therapeutics, and Neuroscience BA, Rutgers College

MD, Pennsylvania State College of Medicine

Residency in Psychiatry, Yale University School of Medicine

Dr. Charney is a world expert in the neurobiology and treatment of mood and anxiety disorders and the study of human resilience. He was recruited to Mount Sinai in 2004 as Dean of Research, becoming Dean of the School of Medicine in 2007 and unveiling a strategic plan that laid the foundation for 23 robust multidisciplinary Institutes. Under his leadership Mount Sinai is in the top 20 in NIH funding, currently fifth in funding per faculty member. In 2013, he was named President for Academic Affairs for the newly-formed Health System and will oversee the Icahn School of Medicine's role as one of the most expansive training and research footprints in the nation. Initially at Yale, Dr. Charney later directed the NIMH's Mood and Anxiety Disorder Research Program. His work has led to new findings regarding the mechanisms of antidepressant drugs, the discovery of novel therapies for treatment resistant depression including Lithium and Ketamine, and the psychobiological mechanisms of human resilience to stress. Dr. Charney has written more than 700 publications and many books. In 2000, he was elected to the Institute of Medicine.

Selection of Faculty Profiles



Sanaa Bhatti, MD

Attending, Outpatient Department, Mount Sinai St. Luke's Hospital

Assistant Professor, Department of Psychiatry

BS, University of Miami

MD, Florida State University College of Medicine

Residency in General Psychiatry, George Washington University Hospital

Fellowship in Child and Adolescent Psychiatry, Icahn School of Medicine at Mount Sinai

Upon completion of her postgraduate training at Mount Sinai, Dr. Bhatti joined the faculty as an attending in the Outpatient Department at Mount Sinai St. Luke's Hospital. Along with providing clinical care and working within multidisciplinary teams, she is involved in the clinical supervision and teaching of child and adolescent psychiatry fellows as well as general psychiatry residents. Her interests include public psychiatry and the treatment of mood and anxiety disorders.



Phintso Bhutia, MD, MPH

Director, Crisis Service, Outpatient Clinic, Mount Sinai St. Luke's Hospital

MBBS, Lady Hardinge Medical College, New Delhi, India

MPH, Jawaharlal Nehru University, New Delhi, India

Residency in General Psychiatry, St. Luke's-Roosevelt Hospital Center

Fellowship in Child and Adolescent Psychiatry, St. Luke's-Roosevelt Hospital Center

Dr. Bhutia is the Director of the Crisis Service at the Mount Sinai St. Luke's Child and Adolescent Psychiatry Outpatient Clinic, and she is board certified in both General and Child and Adolescent Psychiatry. Her clinical interests lie in mood and disruptive disorders and also now in addiction in adolescents. She also provides a unique service to facilitate transitions for children to ongoing mental health services from acute services such as the emergency rooms and inpatient units. Her primary role is to provide clinical care in the outpatient clinic while also providing crisis services and supervising the Child and Adolescent Psychiatry fellows through their rotation on the crisis service and on their caseload in the Outpatient Clinic.



Barbara Coffey, MD, MS

Director, Tics and Tourette's Clinical and Research Program

Director of Training, Child and Adolescent Psychiatry

Professor, Department of Psychiatry

Research Psychiatrist, Nathan S. Kline Institute of Psychiatric Research

BA, University of Rochester

MD, Tufts University School of Medicine

MS, Harvard School of Public Health

Residency in Psychiatry, Boston University School of Medicine

Fellowship in Child and Adolescent Psychiatry, Tufts University School of Medicine

Dr. Coffey is an internationally known specialist in tics and related problems who came to Mount Sinai from NYU in 2011. She was previously the Director of Pediatric Psychopharmacology at McLean Hospital and Director of the Tourette's Clinics at McLean and Massachusetts General Hospitals between 1992 and 2001. Her research has focused on the clinical course, comorbidity, phenomenology, and treatment of Tourette's Disorder and related problems, with a unique focus on comorbid anxiety and mood disorders. More recently, Dr. Coffey and her colleagues are investigating the neurobiology of Tourette's Disorder with both genomics and neuroimaging. Dr. Coffey is an active clinical and research mentor for residents and has held leadership roles in the American Academy of Child and Adolescent Psychiatry (AACAP) and the World Psychiatric Association. She also serves as an Associate Editor of the *Journal of Child and Adolescent Psychopharmacology*.



Clare Dacey, LCSW

Social Worker, Dialectical Behavioral Therapy Program, Mount Sinai St. Luke's Hospital

BA, Brown University

MBA, Columbia University

MSW, Hunter College School of Social Work

Certificate in Advanced Intensive DBT, Behavioral Tech

Certificate in Intensive DBT, Behavioral Tech

Certificate in Psychoanalytic Psychotherapy, New York Psychoanalytic Institute

Clare Dacey's areas of specialty are dialectical behavioral therapy (DBT), mindfulness and substance use treatment. She runs the DBT program, started in 2010, in the Outpatient Department of Mount Sinai St. Luke's Hospital. Clare came directly to St. Luke's Hospital's Comprehensive Addiction Program for Adolescents in 2002 from Hunter College School of Social Work, where she earned an MSW degree. Since then, in addition to advanced intensive DBT training, she earned a certificate in psychoanalytic psychotherapy from the New York Psychoanalytic Institute. Clare also has an MBA from Columbia University from her first career in business. Her undergraduate degree is from Brown University in Comparative Literature.



Mona Dreier, PhD

*Clinical Coordinator, Therapeutic Nursery
Assistant Professor, Department of Psychiatry
PhD, New York University*

Dr. Dreier is the Clinical Coordinator of the Therapeutic Nursery and her work has focused on evaluating parenting stress and negative attributions in parents of children with ADHD. She has over 20 years of experience in providing relationship-based services to parents and children under five years old who present with developmental delays/emotional problems. In the Therapeutic Nursery, Dr. Dreier coordinates the daily functioning of the program, leads the nursery case conference and parent groups, and supervises residents and her multidisciplinary team.



Alberto Escallon, MD

*Medical Director, Outpatient Department, Mount Sinai St. Luke's Hospital
Assistant Professor, Department of Psychiatry
MD, Ponticia Universidad Javeriana, Colombia
Residency in General Psychiatry, Cabrini Medical Center
Fellowship in Child Psychiatry, St. Vincent's Catholic Medical Center*

Dr. Escallon joined the Mount Sinai faculty in 2014 as the Director of Pediatric Consultation and Liaison Services and is currently the Medical Director for the Outpatient Department at Mount Sinai St. Luke's Hospital. Prior, he served as the Physician-in-charge of the School-Based Health Program at St. Vincent's and as the Director of Child and Adolescent Outpatient Services at Maimonides Medical Center. He has received additional training in Child and Adolescent Psychoanalytic Psychotherapy from New York University. Dr. Escallon specializes in anxiety disorders, attention deficit/hyperactivity disorder, mood disorders, psychotic disorders, and trauma.



Sophia Frangou, MD, PhD

*Professor, Department of Psychiatry
BA/MD, University of Athens
PhD, University of London*

A leading expert in schizophrenia and bipolar disorders, Dr. Frangou was recruited to Mount Sinai in 2013 to establish a clinical and translational psychosis program to rapidly transfer research in genetics, neuroimaging, and neurobiology into clinical trials and clinical care. Her research of the neural pathways of disease expression, vulnerability, and resilience, along with associated genetic risk factors has represented a paradigm shift in refining conceptual models for psychosis. Dr. Frangou previously worked as Head of the Section of Neurobiology of Psychosis at the Institute of Psychiatry in London and as a psychiatrist at the Maudsley Hospital. She was also Training Program Director of a dual doctorate and clinical certification track, which helped establish the national and international reputation of the Institute of Psychiatry in training. In her new position at Mount Sinai, Dr. Frangou will help train the next generation of translational neuroscientists and clinicians in psychosis.



Vilma Gabbay, MD, MS

*Chief, Pediatric Mood and Anxiety Disorders Program
Associate Professor, Departments of Psychiatry and Neuroscience
BMedSc and MD, Tel Aviv University/Sackler School of Medicine
Residency in Psychiatry, Albert Einstein College of Medicine
Fellowship in Child and Adolescent Psychiatry, NYU School of Medicine
MS in Translational Medicine Research, NYU School of Medicine*

One of the nation's leading experts on pediatric mood disorders, Dr. Gabbay focuses on the neurological and immunological mechanisms that contribute to the development and maintenance of mood disorders in youth, with a special interest in depression. Recruited to Mount Sinai in 2012, she directs the Pediatric Mood and Anxiety Disorders Program where her research efforts involve using a comprehensive approach that combines in-depth clinical evaluations, novel therapies, cutting-edge neuroimaging techniques, and biological measures. She has adopted a dimensional investigative strategy that focuses on the relationship between anhedonia and the immune system. Her research has been funded by the NIH, NARSAD, the American Foundation for Suicide Prevention, and the Tourette Syndrome Association. Dr. Gabbay has received numerous awards and honors and has been published extensively in top-tier scientific journals.



Dorothy Grice, MD

*Director, Obsessive-Compulsive and Related Disorders Program
Professor, Department of Psychiatry
MD, Medical University of South Carolina
Residency in General Psychiatry, Medical University of South Carolina
Fellowship in Child Psychiatry, Yale University Child Study Center
NIMH Research Training Program in Childhood Neurobiological Disorders, Yale University*

Dr. Grice is Chief of the Obsessive-Compulsive and Related Disorders Program, a clinical and research program within the Department of Psychiatry. She has focused her career on childhood-onset neuropsychiatric disorders with a special interest in obsessive-compulsive disorder (OCD) and chronic tic disorders such as Tourette disorder. Prior to joining the Mount Sinai faculty in 2012, she established the Tic, Tourette's and Related Disorder Clinic at Columbia University/Children's Hospital of New York. Her research seeks to elucidate biological, genetic and environmental mechanisms that comprise the risk architecture for OCD, Tourette syndrome and related disorders in order to ultimately develop more specific and effective treatments.



Jacob Ham, MD

Director, Center for Child Trauma and Resilience

Assistant Professor, Department of Psychiatry

PhD, University of Massachusetts Boston

Internship in Child/Adult Psychology, Massachusetts General Hospital/Harvard Medical School

Fellowship in Mother Infant Mental Health, Children's Hospital Boston/Harvard Medical School

Dr. Ham is a clinical psychologist and Director of the Center for Child Trauma and Resilience at the Icahn School of Medicine at Mount Sinai. The Center is funded through grants from the Substance Abuse and Mental Health Services Administration (SAMHSA) and other service contracts. His clinical and research interests include treatment of child traumatic stress, implementation science, and psychotherapy research. His role in the fellowship is overseeing the rotation in child trauma at Mount Sinai Beth Israel.



Thomas Hildebrandt, PsyD

Director, Eating and Weight Disorders Program

Assistant Professor, Department of Psychiatry

BS, Vanderbilt University

PsyD, Graduate School of Applied and Professional Psychology, Rutgers University

Dr. Hildebrandt oversees both clinical care and research in the Eating and Weight Disorders Program. His clinical expertise includes men with eating disorders, CBT, Maudsley Family Therapy, behavioral weight-loss treatment, and treatment of body image disturbances, and he is one of the course directors for the residents' 9-month CBT course. His research interests include developing and evaluating clinical interventions for eating and weight disorders (including Mirror Acceptance Treatment), the neuroendocrine contributions to eating and substance use disorders, the neural substrate of emotions in women with bulimia, and the consequences of appearance and performance enhancing drug (APED) use and anabolic androgenic steroid use. His lab is currently conducting a novel longitudinal study to identify biomarkers of APED dependence and ultimately develop interventions and prevention programs for APED users.



Iliyan Ivanov, MD

*Medical Director, Comprehensive Adolescent Education and Rehabilitation Services (CARES),
Mount Sinai St. Luke's Hospital*

Associate Professor, Department of Psychiatry

MD, Varna Medical Institute, Academy of Medicine, Bulgaria

*Residency in General Psychiatry, Maimonides Medical Center and
Icahn School of Medicine at Mount Sinai*

Fellowship in Child and Adolescent Psychiatry, Icahn School of Medicine at Mount Sinai

Dr. Ivanov is the Medical Director of the Comprehensive Adolescent Education and Rehabilitation Services (CARES) at the Mount Sinai St. Luke's-West Division of Child and Adolescent Psychiatry. Board certified in General and Child and Adolescent Psychiatry, his clinical expertise covers developmental and disruptive behavior disorders, trauma related disorders, and adolescent drug and alcohol problems. He is actively involved with educational activities for medical students and clinical supervision and teaching of Child and Adolescent Psychiatry fellows as well as General Psychiatry residents. He has participated in a number of research projects as Principal Investigator and co-investigator and has extensively published and presented at national and international forums. Dr. Ivanov has served on several committees at AACAP and the American Board of Psychiatry and Neurology (ABPN), and he was elected President of the New York Council on Child and Adolescent Psychiatry and a Distinguished Fellow of AACAP.



Robert Jaffe, MD

Associate Director of Training, Child and Adolescent Psychiatry

Assistant Professor, Department of Psychiatry

BS, University of Michigan

MD, Georgetown University School of Medicine

Residency in Psychiatry, Icahn School of Medicine at Mount Sinai

Fellowship in Child & Adolescent Psychiatry, Icahn School of Medicine at Mount Sinai

Dr. Jaffe is the Associate Director of Training for the Child and Adolescent Psychiatry Fellowship Program and is leading the integration of outpatient child psychiatry into the general pediatrics clinic. He is also the consulting physician for Mount Sinai's school-based mental health clinic. Areas of interest include Obsessive-Compulsive Disorder, Tics and Tourette's Disorder, and development. Dr. Jaffe is a certified psychodynamic psychotherapist and is passionate about helping trainees learn to deliver therapy. A dedicated teacher as well as learner, Dr. Jaffe is focused on mentoring and supervising fellows, residents, and medical students.



Brandon Johnson, MD

Attending, Comprehensive Adolescent Rehabilitation and Education Service (CARES)

Assistant Professor, Department of Psychiatry

BS, University of Texas at Austin

MD, University of Texas Southwestern Medical School

Residency in General Psychiatry, Icahn School of Medicine at Mount Sinai

Fellowship in Child and Adolescent Psychiatry, New York-Presbyterian Hospital Training Program of Columbia & Cornell Universities

Dr. Johnson joined the Mount Sinai faculty in 2016 as an attending in the Comprehensive Adolescent Rehabilitation and Education Service (CARES). Dr. Johnson has interests in clinical education, individual and group psychotherapy, and collaborative care. In addition, Dr. Johnson has particular interest in the evaluation and treatment of gender non-conforming youth. He is involved with the Sexual Orientation and Gender Identity Issues Committee (SOGIIC) of the American Academy of Child and Adolescent Psychiatry (AACAP) to promote awareness and expand clinical competency in this area.



Craig Katz, MD

Director, Program in Global Mental Health

Associate Clinical Professor, Departments of Psychiatry and Medical Education

BA, Harvard University

MD, Columbia University College of Physicians and Surgeons

Residency in Psychiatry, NY Presbyterian Hospital – Columbia University/NYSPI

Fellowship in Forensic Psychiatry, New York University School of Medicine

Dr. Katz has served in numerous clinical and administrative roles since joining Mount Sinai in 2000, including Director of Psychiatry Emergency Services and Director of Acute Care Psychiatry Services. He co-founded and directed the World Trade Center Worker/Volunteer Mental Health Monitoring and Treatment Program. Dr. Katz also co-founded Disaster Psychiatry Outreach in 1998 as a charitable organization to provide voluntary psychiatric care to people affected by disasters. He has been principal author of a training program in disaster mental health for the Medical Society of the State of New York, and a member of the advisory panel of the Aircraft Casualty and Emotional Support Services, and his work has extended as far as El Salvador, Sri Lanka, and Japan. He has received multiple teaching awards and was nominated as a faculty member to the Mount Sinai chapter of AOA. Dr. Katz joined Mount Sinai's Office of Academic and Student Affairs in 2009, where he now holds the position of Director of Professional Development.



Wendie Klapper, PhD

Director, Parent-Infant Center, Mount Sinai St. Luke's Hospital
Assistant Professor, Department of Psychiatry
PhD, Hofstra University

Dr. Klapper is the founder and Director of the Parent-Infant Center at Mount Sinai St. Luke's in the Department of Child and Adolescent Psychiatry. A licensed clinical psychologist, her clinical interests lie in infant mental health, pre/postpartum depression and anxiety, early trauma and child-parent psychotherapy. She plays a significant role in the supervision, training and teaching of psychology and psychiatry trainees.



Alexander Kolevzon, MD

Director, Child Behavioral Health and Science Center
Clinical Director, Seaver Autism Center for Research and Treatment
Professor, Departments of Psychiatry and Pediatrics
BA, University of Wisconsin, Madison
MD, Sackler School of Medicine at Tel Aviv University
Residency in Psychiatry, Mount Sinai School of Medicine
Fellowship in Child & Adolescent Psychiatry, Mount Sinai School of Medicine

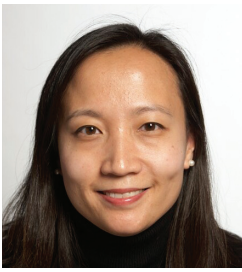
A dedicated clinician, teacher, and researcher within the department, Dr. Kolevzon is involved in clinical and didactic education at many levels in the residency program. He serves as Clinical Director of the Seaver Autism Center for Research and Treatment, and supervises interested residents on many related research and clinical projects. He has clinical expertise in the psychopharmacology of autism and related conditions and his research is focused on developing new pharmacological treatments. He is an active mentor and clinical supervisor and has received many teaching awards, as well as a grant to support innovative educational endeavors.



Simone Lauderdale, MD

Assistant Professor, Department of Psychiatry
BS, University of Pennsylvania
MD, Howard University College of Medicine
Residency in General Psychiatry, Mount Sinai Beth Israel
Fellowship in Geriatric Psychiatry, Mount Sinai Beth Israel
Fellowship in Child and Adolescent Psychiatry, Albert Einstein College of Medicine-Montefiore Medical Center

Simone Lauderdale, MD, joined the Mount Sinai faculty in 2016 as an Assistant Professor in the Department of Psychiatry. She completed her undergraduate studies at the University of Pennsylvania in the Biological Basis of Behavior. She obtained her medical degree from Howard University College of Medicine in Washington, DC. She completed a general psychiatry residency and a geriatric psychiatry fellowship at Mount Sinai Beth Israel. She completed a child and adolescent psychiatry fellowship at Albert Einstein College of Medicine-Montefiore Medical Center. Dr. Lauderdale is interested in the areas of eating disorders and cultural psychiatry, and she has completed research in eating disorders in minority populations. She will be joining the faculty as an attending in the child, adolescent, and family services outpatient clinic at Mount Sinai Beth Israel.



Jennifer Liu, MD

*Deputy Director, Child Behavioral Health, Mount Sinai Health System
Chief, Division of Child and Adolescent Psychiatry, Mount Sinai St. Luke's Hospital
Assistant Professor, Department of Psychiatry
BS, University of Michigan at Ann Arbor
MD, Drexel University School of Medicine
Pediatrics/Psychiatry/Child Psychiatry Residency, Mount Sinai School of Medicine*

Dr. Liu has served in a number of roles within Mount Sinai's Health System, including that of Medical Director of the Child, Adolescent and Family Services Outpatient Clinic, Associate Director of Training of the Child & Adolescent Psychiatry Fellowship as well as the Triple Board Program. She has been dedicated to teaching, supervising residents and medical students, and treating children and adolescents with mental illness. More recently, Dr. Liu's clinical practice has focused on the use of Dialectical Behavior Therapy in the treatment of adolescents with mental health disorders. She is dedicated to program development and providing exemplary care to the community that this health system serves.



Milana Mor, MD

*Associate Director of Education and Training, Triple Board Residency
Director, Pediatric Psychiatry Consultation and Liaison Services
Assistant Professor, Departments of Psychiatry and Pediatrics
BA, Vassar College
MD, University at Buffalo, State University of New York
Triple Board Residency, Icahn School of Medicine at Mount Sinai*

Dr. Mor joined the Mount Sinai faculty in 2015 as an Assistant Professor of Psychiatry and Pediatrics in the Eating and Weight Disorders Program and is thrilled to now be the Director of Consultation and Liaison Services. She is focused on the interface between pediatrics and psychiatry, and her interests include treatment of eating and weight disorders, mood disorders, obsessive compulsive disorders and anxiety disorders. During her tenure as a resident in the combined program in Pediatrics, General Psychiatry, and Child Psychiatry at Mount Sinai, Dr. Mor also developed interests in international humanitarian projects and global health.



Antonia New, MD

*Professor, Residency Training Director and Vice-Chair for Education, Department of Psychiatry
BA, Swarthmore College
MD, Cornell University Medical College
Residency in Psychiatry, NY Hospital – Cornell Medical Center*

A mentor for medical students, residents, and fellows, Dr. New conducts research, clinical work, and teaches at Mount Sinai. Her NIH and VA-funded research focuses on the neurobiology of borderline personality disorder (BPD), investigating the regulation of emotion using techniques such as functional and structural brain imaging, psychophysiology, neurocognitive tasks, and techniques in social neuroscience. Her work has examined the neural circuitry underlying the control of aggression, and more recently has employed theoretical frameworks from the philosophy of mind to understand the experiences of emotion in BPD. She also explores the effect of trauma in women with a particular focus on factors that create vulnerability and resilience to adverse consequences of traumatic experiences, also employing functional brain imaging and neurocognitive tasks. Most recently, she has begun to employ novel pharmacotherapies for personality disorders.



Jeffrey H. Newcorn, MD

Director, Division of ADHD and Learning Disorders

Associate Professor, Departments of Psychiatry and Pediatrics

BA, University of Rochester

MD, University of Rochester School of Medicine

Residency in Psychiatry, Tufts University

Fellowship in Child and Adolescent Psychiatry, Tufts – New England Medical Center

Dr. Newcorn is a highly regarded researcher in the areas of ADHD, aggression, descriptive psychopathology, and psychopharmacology. Dr. Newcorn directs the Division of ADHD and Learning Disorders at Mount Sinai and the Pediatric Psychopharmacology Clinical Research Program across the Health System. Dr. Newcorn has studied many of the newer medication treatments for ADHD; his most recent research focuses on the neurobiological basis of differential response to treatments, incorporating pharmacogenetic and fMRI measures to ascertain the mechanisms by which these treatments work, and to identify the characteristics of subjects who respond optimally and/or preferentially. Dr. Newcorn is a nationally recognized educator and mentor and plays an active role working with residents in the Child and Adolescent Psychiatry Training Program.



Ami Norris-Brilliant, PsyD

Clinical Director, Division of ADHD and Learning Disorders

Assistant Professor, Department of Psychiatry

BA, Washington University in St. Louis

PsyD, Ferkauf Graduate School of Psychology, Yeshiva University

Internship, Rusk Institute for Rehabilitation Medicine, New York University

Postdoctoral Fellowship, Lenox Hill Hospital

Dr. Brilliant is the Clinical Director of the Division of ADHD and Learning Disorders where she conducts and supervises neuropsychological assessments of individuals with suspected learning and developmental disabilities, consults with teachers and school-based support teams, and assists parents and teachers with the implementation of home- and school-based behavioral interventions. Dr. Brilliant also directs a comprehensive graduate externship and postdoctoral fellowship program, which provides intensive training in both inpatient and outpatient neuropsychological assessment.



Timothy Rice, MD

Attending, Inpatient Unit

Assistant Professor, Department of Psychiatry

BS, Yale University

MD, Columbia University College of Physicians and Surgeons

Residency in General Psychiatry, Icahn School of Medicine at Mount Sinai

Fellowship in Child and Adolescent Psychiatry, Icahn School of Medicine at Mount Sinai

Dr. Rice joined the Mount Sinai faculty as an attending on the Child Psychiatry Inpatient Unit in 2015. In addition to his interest in clinical work, Dr. Rice serves as the co-chair of the World Federation of Societies of Biological Psychiatry's Task Force on Men's Mental Health and recently served as a fellow of the American Psychoanalytic Association. Integration of biological and psychological principles in caring for children with disruptive behaviors has been his specific focus. Dr. Rice has published one book on this topic, *Regulation Focused Psychotherapy for Children*, and served as editor on another, *Neurobiology of Men's Mental Health*.



Ariz Rojas, PhD

Director of Behavioral Therapies, Division of Tics, OCD, and Related Disorders

Assistant Professor, Department of Psychiatry

PhD, University of South Florida

Internship in Clinical Child and Pediatric Psychology, Children's Hospital Boston/Harvard Medical School

Fellowship in Clinical Psychology (OCD and ADHD), Icahn School of Medicine at Mount Sinai

Dr. Rojas is the Director of Behavioral Therapies in the Division of Tics, OCD, and Related Disorders. Her clinical interests include the evaluation and treatment of children, adolescents, and adults with obsessive-compulsive spectrum disorders and anxiety disorders. Her clinical research focuses on evidence-based treatments for pediatric OCD and tic disorders and parent-child interventions. She is trained in Cognitive-Behavioral Therapy (CBT), Exposure and Response Prevention (ERP), Habit Reversal Training (HRT), Parent-Child Interaction Therapy (PCIT), and Mindfulness. Dr. Rojas has provided clinical services in schools, community, and hospital settings, including telehealth modalities such as telephone coaching and internet-delivered treatment. She is active in the teaching and supervision of psychiatry residents, fellows, and clinical psychology externs.



Shilpa Taufique, PhD

*Director, Child Psychology Training, Mount Sinai St. Luke's and Mount Sinai West
Director, Comprehensive Adolescent Rehabilitation and Education Service (CARES),
Mount Sinai St. Luke's Hospital
Assistant Professor, Department of Psychiatry
PhD, New York University, Steinhardt School of Education*

Dr. Taufique is the Director of Child Psychology Training for Mount Sinai St. Luke's and Mount Sinai West Hospitals. Dr. Taufique is also the Director of the Comprehensive Adolescent Rehabilitation and Education Service (CARES) at Mount Sinai St. Luke's. She has received numerous awards for her supervision and teaching, as well as the President's Award for Excellence from Mount Sinai St. Luke's and Mount Sinai West. Dr. Taufique is dedicated to teaching, supervising, and mentoring clinicians in their professional identity development and career pursuits. She conducts professional workshops on adolescent development, parenting, and raising awareness of diversity issues, and serves as a consultant to other organizations looking to develop and enhance their programming. Her clinical specialties include group and systems dynamics, mental health and school consultation, program development, adolescent and young adult issues, trauma, co-occurring disorders (mental health and chemical dependency), and diversity issues. Dr. Taufique actively looks for ways to collaborate across disciplines and enhance the reputation of our clinical and training programs to a national level of excellence.



Bonnie Siegel Weisenberg, LCSW-R

*Director, Outpatient Department, Mount Sinai St. Luke's Hospital
BA, University of Pennsylvania
MSW, Hunter College*

Bonnie Siegel Weisenberg is the Program Director of the Child and Adolescent Psychiatry Outpatient Department at Mount Sinai St. Luke's Hospital. She cofounded the Family Therapy Program at Mount Sinai St. Luke's Hospital in 2007. She supervises and teaches family therapy to psychiatry residents and fellows, as well as psychology, social work and Master's in Family Therapy trainees. Particular interests are systems work, Structural, Bowenian and Narrative Therapy. She is a graduate of the externship program at the Ackerman Institute for the Family.



Manuela Zisu, MD

*Physician-in-Charge, Division of Child and Adolescent Psychiatry, Mount Sinai Beth Israel Hospital
Assistant Professor, Department of Psychiatry
MD, Carol Davila School of Medicine, Bucharest, Romania
Residency in General Psychiatry, Beth Israel Medical Center
Fellowship in Child and Adolescent Psychiatry, St. Vincent's Medical Center*

Dr. Zisu is the Physician-in-Charge of the Mount Sinai Beth Israel Division of Child and Adolescent Psychiatry. Dr. Zisu is certified in General and Child and Adolescent Psychiatry. She specializes in comprehensive assessments of children and adolescents, and she uses a systems approach to all of her work. She uses both psychopharmacology and psychotherapy to treat her patients. Dr. Zisu is also in charge of the Child and Adolescent Psychiatry training of the General Psychiatry residents, providing teaching and supervision and organizing their educational training in this subspecialty.

Residency Program in Child and Adolescent Psychiatry

Over the past decade, the Child Behavioral Health and Science Center at Mount Sinai has developed from a predominantly clinical service to a major academic program. With the recent merger between Mount Sinai, St. Luke's, West, and Beth Israel Hospitals, this is an exciting time for Child and Adolescent Psychiatry at Mount Sinai. The Center has a strong record in outstanding, innovative training programs, and in research contributions being made to this rapidly advancing field. We currently have tremendous depth and breadth with significant expertise in Obsessive Compulsive Disorder, Tics and Tourette's syndrome, Mood and Anxiety Disorders, Attention Deficit/Hyperactivity Disorder, Learning Disorders, Neuropsychology, Eating and Weight Disorders, Autism Spectrum Disorder, Trauma, and Substance Abuse. Our residency programs are designed to provide flexible and specialized training with protected time to help trainees to develop into the next generation of expert clinicians and clinical researchers.

For more information about the Child Behavioral Health and Science Center, please visit us online at www.mountsinai.org/childbehavioralhealth.



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